



COPS 30 Miler

2017 Event Registration Form

Thank you for choosing to fundraise for Care of Police Survivors and the Royal Marines Charitable Trust Fund by taking part in the COPS 30 Miler event on 2nd September 2017.

To register for this event, please print out this registration form and complete with your details.

Full name	
Date of birth	
Address	
Telephone number	
Email address	
Emergency contact details (Name / phone number)	
T-shirt size required (or 'none required')	(S 34/36" M 38/40" L 42/44" XL 46/48" 2XL 50/52" 3XL 54/56")

Once you have completed and signed this form please either scan and email it to alison.sutton@ukcops.org or post it to **Care of Police Survivors (COPS), Curborough Hall Farm, Watery Lane, Lichfield, WS13 8ES**. The registration fee is £90, which is non-refundable - you can pay either by bank transfer to **sort code 40-52-40 / account no 00020045**, or by cheque, which should be made payable to 'Care of Police Survivors'. If paying by bank transfer, please include your surname and 'COPS30' as reference.

If you require any assistance completing this registration form, please contact Alison Sutton (COPS Fundraising Coordinator) on 07484 087168 or by emailing alison.sutton@ukcops.org

Once COPS are in receipt of your completed registration form and registration fee, you will be contacted by email within 5 working days to confirm your place. Places are allocated on a first come, first served basis.

To find out more information about this event visit cops30miler.org

To find out more about the charities benefiting from this event visit www.ukcops.org and www.rmctf.org.uk

Please read the following information carefully:

The COPS 30 miler is an extreme endurance event requiring a prolonged period of physical exertion and will not be suitable for everybody. It involves exposure to the elements, uneven surfaces, varying gradients and rugged outdoor terrain, whilst carrying a backpack weighing 32lbs, plus water and food. Participants will therefore require significant preparation, training and determination. By registering to take part in this event, you agree to the following:

- You take part in the event at your own risk and are aged 18 or over.
- You warrant that you will have undertaken sufficient preparation prior to the event and are of a suitable level of health and fitness to safely participate. You also confirm that you have no known pre-existing medical conditions which may adversely affect your ability to partake. (You will be provided with general advice on training, foot care, equipment and nutrition; however, your personal welfare is your own responsibility, so if you are in any doubt about your suitability to take part it is advised that you consult with your GP to seek further medical advice).
- The Royal Marines will facilitate the event to a standard close to their own 30 mile test march, making reasonable provision to support the safety and wellbeing of participants (to include risk assessment, advance route planning and testing, first aid and water provision, marshalling, the provision of a support vehicle and predetermined emergency evacuation points); however, due to the nature of the activity, it is not possible to guarantee that no injuries will be incurred. You accept this and indemnify the Royal Marines, COPS, RMCTF and the event founders against any claims for injury, loss or damage, unless such incidences occur as a direct result of gross negligence.
- The Royal Marines have absolute command over the 30 miler and if in their professional opinion, weather conditions or other factors render the event unsafe (e.g. extreme heat), they may cancel or curtail it at their sole discretion. This would only ever be done as a last resort, but the Royal Marines have a duty of care to everyone taking part. If the event is cancelled, there will still have been overheads paid for in advance (e.g. event insurance), but once these costs have been deducted, any remaining monies from registration fees will either be returned to the participants or donated to the charities, as per the individual's choice. The organisers, Royal Marines, COPS or RMCTF cannot be held liable for any other losses incurred (e.g. accommodation costs).
- You may withdraw from the event at any time, although this will incur forfeiture of your entry fee (which will be used to cover costs with any 'profit' being donated to COPS and RMCTF).
- There is a minimum requirement for sponsorship per participant, which has been set at £200, in order to guarantee the charities receive a decent amount of sponsorship money. As part of the conditions of entry, participants agree to set up a JustGiving page and raise at least £200 prior to the day of the event. (Details of how to do this will be provided by COPS following successful registration).
- Data protection: You agree for COPS and the organisers to retain and use your contact details for the purposes of facilitating this event. No personal details will be disclosed to any third parties without your permission.
- There may be a photographer present on the day of the COPS 30 miler, acting in an official capacity on behalf of the organisers. By taking part in the event you consent for any images taken to be used in publicity material.

Please sign below to confirm that all the information you have provided on this registration form is correct and that you agree to the terms of the statement above:

Signature	
Name	
Date	

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